THE BELLE OF THE CELL

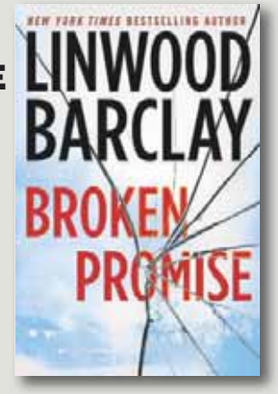
Audiences love Orange Is the New Black's latest inmate

metroLIFE

Vancouver metro

Your essential daily news | MONDAY, JULY 27, 2015

EXCLUSIVE
FOUR DAYS OF BROKEN PROMISE
metroLIFE



High 22°C/Low 14°C Partly cloudy

COOLING DOWN

A water tanker drops a load of water in West Kelowna Thursday. THE CANADIAN PRESS

Rain, weather helps firefighters get a handle on wildfires still burning in B.C.

metroNEWS

It's money vs. heritage

DEVELOPMENT

City squares off over ban on demolition in First Shaughnessy

Emily Jackson
Metro | Vancouver

Residents of one of Vancouver's oldest, richest neighbourhoods are squaring off over the proposal to ban the demolition of older character homes.

A public hearing on whether to designate First Shaughnessy a heritage zone, a bylaw that would stop the destruction of pre-1940s houses, is getting heated reaction from those who want to maintain the heritage value of the neighbourhood and others who don't want the city to hurt their property values.

Many older homes in the neighbourhood have been torn down to build massive mansions. If council approves the new rules to stop this, it could hurt property values on pre-1940s houses by up to 10 per cent, according to a July report on the financial implications of the bylaws.

That's a lot in a neighbourhood where average prices over the past five years hovered around $6 million.

"The designation is effectively an expropriation of property owner's rights for which there is no compensation," homeowner Richard Sirola wrote in opposition to the new rules.

But others, including First Shaughnessy homeowner Sabine Wood, support the changes.

"I am from Europe and I know how important it is to keep the character of different neighbourhoods intact," Woods wrote. "There is no economic need to put 'monster houses' on each plot, maximizing the building capacity, but there is and there will always be a need to maintain as much green space as possible."

The public hearing continues on Tuesday.

HEALTH CARE ASSISTANT GRANT

ALL INCLUSIVE OF BOOKS, FEES & TUITION NOW AVAILABLE

PROVINCIAL AVERAGE SALARY: $33,000 - $44,000 (Source: WorkBC.ca)

CAREER OPPORTUNITIES: ASSISTED LIVING - SPECIAL CARE UNITS - LONG TERM CARE - & MORE

CALL 310.HIRE (4473) OR VISIT SPROTTSHAW.COM

SPROTT SHAW COLLEGE SINCE 1903

metro NEWS

Your essential daily news

Insurance companies might pay for medical marijuana **Business**

CIVIL SERVICE

Top city planner set to retire

The City of Vancouver's top planner, Brian Jackson, will retire in December after three years of steering the city through an aggressive period of development.

The city announced Jackson's retirement in a news release Sunday, citing his leadership through the "most ambitious planning agenda the city has ever experienced."

Jackson was at the helm during five major community plans: The West End, the Downtown Eastside, Marpole, the Cambie corridor and the ever-contentious and ongoing Grandview-Woodland plan. The massive Oakridge development was approved under his watch.

He also oversaw the largest spike in commercial buildings in the downtown core in Vancouver's history.

The flood of development and density came with a rise in anti-development feelings across the city. During Jackson's tenure, there was an influx of lawsuits filed against the city by neighbourhood groups over rezonings they didn't like.

Jackson was hired in 2012 to replace Brent Toderian, who was fired over reported disagreements with the city manager. Toderian was originally hired when the Non-Partisan Association had control of city hall.

Jackson, who was not available to comment on Sunday, will continue working on the heritage action plan until he retires.

In the statement, Mayor Gregor Robertson said Jackson has been a "true leader in this area and has taken on the challenge of working with individual communities to take action on our vision for the future of Vancouver."

There will be an international search for Jackson's replacement.

EMILY JACKSON/METRO

Vancouver's bike rave in June 2011. The event has been cancelled this year since organizers can't afford the city's permit fees.

BLUE MOLLUSC/FLICKR

Bye-bye, bike rave

CYCLING

Yearly event cancelled due to permit problems

Emily Jackson
Metro | Vancouver

Vancouver's annual bike rave has fallen victim to the city's crackdown on unsanctioned events.

Cranked Cycling, the organization behind the bike rave where thousands deck out their bikes in neon glow sticks and ride along the seawall to electronic beats, will not host the event this year because it cannot afford the city's permit fees, according to a Facebook post last week.

"The official bike rave has grown to a size that can no longer simply exist under the radar as it has been," organizer Willis wrote. "I wish that citizens assuming their own responsibility and risk, and simply not needing police was an option, but at 7,000 people last year, it's not."

While organizers have enjoyed a very positive relationship with police over the years — up to 10 officers have biked alongside to ensure safety — the event generates hundreds of noise complaints and open alcohol incidents, according to the post. This adds up to about $5,000 in overtime policing costs.

In May, the police department announced it would go after organizers of unsanctioned events to recoup their costs. The move came after a young man fell to his death at an unsanctioned rave in Stanley Park.

The city has since cracked down on Cannabis Day at the Vancouver Art Gallery, arguing it was too big to operate without a permit. Arrests were made.

The city asked the bike rave organizers to be responsible for such safety costs, which would mean proper registration and fees for what started as an underground event. They opted to cancel instead.

"There continue to be many smaller delightfully themed rides weekly, and if a whole bunch of people happened to show up somewhere for a late night bike ride in August, that would be pretty neat," Willis wrote.

"Let's continue to be a positive and leading example of excellent, active, caring people continuing to enjoy life in this beautiful city."

TRANSIT

TransLink posts CEO gig starting at $319,244

If you have a bachelor's degree and can convince people that TransLink is fabulous despite those pesky SkyTrain delays, this job might be for you.

The regional transportation authority is looking for a new CEO to rally the troops and figure out how to move forward after the failed transit plebiscite delayed funding to the system for an undetermined amount of time.

The job description posted online last week lists a starting salary of $319,244 with an annual bonus of up to $95,000 and six weeks' vacation. With benefits added, the CEO can make a cool $433,000.

That's less than the take-home pay received by former CEO Ian Jarvis, who was given the boot in February in a failed attempt to restore public confidence in TransLink and convince people to vote "Yes." Jarvis made $483,635 in 2014, a $15,610 raise from what he made in 2013, according to financial reports released last month.

Interim CEO Doug Allen will step down in August — he's been paid $35,000 a month for the past six months — and be replaced by chief financial officer Cathy McLay until TransLink can find a permanent replacement. McLay made $354,460 last year, a $29,445 pay cut from her 2013 salary.

Executive compensation dropped by 5.2 per cent last year as TransLink tightened its purse strings in response to public criticism over how much its leadership team earned.

Qualifications for this "rare opportunity" include a bachelor's degree, five to 10 years of experience in a senior leadership role and an ability to shape public opinion. EMILY JACKSON/METRO

CRIME

Police happy with slow first night of fireworks

Police are pleased Saturday was uneventful for them, even with 250,000 people at English Bay on Saturday for an explosive first night of the Celebration of Light.

Vancouver police spokesman Const. Brian Montague told Metro a focus on alcohol interdiction and dealing with intoxication early seemed to prevent many serious incidents from breaking out.

In all, there were eight arrests made by Vancouver police on the night.

Montague said there were 256 liquor pour-outs, 27 liquor seizures, 22 tickets issued and four weapons seized ahead of, and during, the fireworks.

Transit police also reported a night of "relatively few problems."

According to a statement, passenger loads on SkyTrain, Canada Line and buses were lighter than those in previous years, which helped contributed to a quiet night.

One man was arrested for public intoxication, while a second was arrested for breach of the peace.

Transit police issued 12 tickets and conducted 17 liquor pour-outs.

The opening night of this year's Honda Celebration of Light saw China's Team Lidu light up the skies above English Bay.

Brazil's Group Vision Show is up next on Wednesday, followed by Canada's Archangel Fireworks on Aug. 1.

MATT KIELTYKA/METRO

Fireworks fill the skies over English Bay Saturday.

EMILY JACKSON/METRO

Water shortage a wake-up call to residents: Expert

ENVIRONMENT

Each Canadian uses about 350 litres a day

Often admired for its lush greenery and occasionally mocked for its torrential rains, Vancouver has turned a dry, dusty brown as a savage drought sweeps Western Canada. And as residents adapt to the harshest water restrictions imposed in 12 years, experts and officials warn it's time to get used to turning off the taps.

When asked how the province stacks up to other parts of the world in terms of water conservation, University of British Columbia watershed management professor Hans Schreier doesn't mince words.

"We're terrible," he said. "We're terrible, seriously. We are the second biggest water users. We have never worried about water. We have terrible regulations."

Canada as a whole, not just B.C., is the second-largest water consumer in the world after the United States. Each Canadian uses about 350 litres of water a day, compared to a European who uses about 150 litres.

But British Columbians have long been overusing and undervaluing water, Schreier said. New legislation to replace the 1909 Water Act is finally set to take effect next year and will regulate groundwater for the first time in the province.

"There are going to be more floods and more drought," he warned. "We should start thinking about adapting to these conditions."

This week, Metro Vancouver — a region that includes Vancouver, Surrey and Burnaby — issued Stage 3 water restrictions for the first time since 2003, requiring residents to quit watering their lawns or face a $250 fine.

A woman uses an umbrella to shield herself from rain while walking a dog in Vancouver on Friday. Water restrictions are in place in Metro Vancouver following months of hot, dry weather that has led to drought conditions. DARRYL DYCK/THE CANADIAN PRESS

Daily consumption dropped swiftly from 1.48 billion litres on Monday to 1.05 billion litres on Friday. Bylaw officers received a torrent of neighbour complaints about running sprinklers, and social media users even adopted a hashtag, #grasshole, to publicly shame offenders. But Schreier said these restrictions should have been imposed earlier in the unusually hot, dry summer. Further, he said Metro Vancouver could be more innovative with water-saving technology and infrastructure.

> **We're terrible. We're terrible, seriously. We are the second biggest water users. We have never worried about water. We have terrible regulations.**
>
> Hans Schreier, professor

For example, he said each resident should have a barrel to collect rain to water their gardens.

He added that low-flush toilets and so-called "purple pipes" that recycle water from sinks, baths and washing machines should be added to all old houses, not just new ones.

Finally, he said all homes should have smart water meters that measure consumption.

The City of Abbotsford already uses such a system, which allows it to easily identify and ticket residents who are violating water restrictions.

Metro Vancouver chair Greg Moore said the region has been monitoring water for a century and this week marks only the second time it has had to impose Stage 3 restrictions.

"We haven't seen this type of drought and consumption of water in our history," said Moore, who is also mayor of Port Coquitlam.

While Metro Vancouver has cut its per capita water consumption by 23 per cent over the past 20 years, the region's population is also very rapidly growing, Moore added.

THE CANADIAN PRESS

WEATHER

Rain helping fire crews

Rain in southern British Columbia helped give wildfire crews a leg up on some of the province's worst blazes over the weekend.

As of Sunday afternoon, there were still 174 wildfires burning throughout the province but B.C. Wildfire Service fire information officer Ryan Turcot said that represents a marked improvement over the previous week, which peaked July 21 with 252 fires.

"We saw a peak (that day) and it has kind of dropped since then," said Turcot. "Precipitation helps calm the fires down a bit and gives us time to work on containment."

The biggest gains were made in the Kamloops and South East fire centres. For example, containment of West Side Road fire in Kelowna — where Prime Minister Stephen Harper and Premier Christy Clark visited Thursday after 70 homes were placed under an evacuation order — had tripled by Sunday, with 75 per cent of the fire now contained.

While the evacuation orders had been lifted on Friday, Turcot said alerts remain in place.

And while Environment Canada issued a special weather statement for the Lower Mainland Sunday, as heavy downpours rained down 15 to 25 millimetres on region, the fire danger rating in parts the South Coast remains moderate.

That rating can get higher as a return to seasonal dry and warm temperatures is expected this week.

"It can be easy, especially if you're not tracking the fire situation every day, to become more complacent," said Turcot. "We don't want to the public to get complacent yet. We want to get the message out that people are aware (of the risks)."

Of the 174 active wildfires on Sunday, 37 have been confirmed to have been caused by humans.

MATT KIELTYKA/METRO

EARLY CHILDHOOD
CARE & EDUCATION
YOUR CAREER AS AN ECE STARTS HERE!

"If you love to work with children I would say come and see what MTI has to offer. I greatly benefited from it. I highly recommend MTI Community College"

- Maribel Rodriguez Gonzales
Owner - Stay N' Play Daycare

MTi COMMUNITY COLLEGE
MTICC.COM

Vancouver • Burnaby • Surrey • North Road • Abbotsford • Chilliwack

NATURAL GAS

B.C. finance minister heads to Malaysia

British Columbia's finance minister is travelling to Malaysia to discuss a $36-billion liquefied-natural-gas (LNG) project in the province's northwest.

Michael de Jong will meet with officials over the next six days to discuss the ratification of a project agreement with Pacific Northwest LNG, a consortium led by Malaysia energy giant Petronas.

The province passed legislation this week that allowed it to enter into an agreement with the consortium to build an LNG export terminal near Prince Rupert.

The Opposition New Democrats voted against the legislation, which protects Pacific Northwest LNG from targeted tax increases for 25 years.

The project would be the largest private investment in B.C. history, creating 4,500 construction jobs and generating $8.6 billion in taxes and revenues by 2030. The B.C. government estimates that travel and accommodation for the minister and his chief of staff will cost about $7,900.

> **We are an important step closer to the company's final investment decision.**
> Michael de Jong

"Now that the province has met its obligations, we are an important step closer to the company's final investment decision and the start of an LNG industry in B.C.," said de Jong in a statement. "We will keep moving forward to make this incredible opportunity a reality so we can build our economic portfolio and create jobs and opportunities for British Columbians now and in the future." THE CANADIAN PRESS

Premier Christy Clark listens as B.C. Finance Minister Mike de Jong tables the provincial budget in the Legislative Assembly on Feb. 18, 2014 in Victoria. CHAD HIPOLITO/THE CANADIAN PRESS

Canada's #1 seller of luggage

JULY 27 TO JULY 30, 2015

TRAVEL SMART

ERGONOMIC AND DURABLE

65% OFF

DELSEY

luggage collections

Featured: Helium Breeze Lite 18" and 25" spinners. Reg. $325 and $400
Sale $113.75 and $140

UP TO 70% OFF other luggage

See below for details.

HUDSON'S BAY

SHOP THEBAY.COM

Savings for all offers are off our regular prices, unless otherwise specified. Luggage: Selection varies by store, while quantities last; Excludes items with 99¢ price endings.

Abuse case under review

CHILD WELFARE

Former civil servant Bob Plecas to lead investigation

A well-respected former senior civil servant has agreed to lead an independent review into the botched handling of a child-welfare case in which a mother's warnings were ignored and her children were returned to an abusive father.

Minister of Children and Family Development Stephanie Cadieux said Bob Plecas will submit his review to her by Oct. 13 and the document will be released to the public a week later.

Cadieux says Plecas will work with the Child Welfare League of Canada, which will offer technical expertise and recommend qualified individuals, policy experts and a legal adviser to assist with the final report.

The minister said the review will not retry the case, which surfaced from a scathing B.C. Supreme Court ruling that said the ministry showed "reckless disregard" when its social workers falsely accused a mother of being mentally ill and removed four children from her care in 2009.

The judgement found the ministry failed to investigate the youngsters' claims that their father had sexually abused them and knowingly violated a court order banning unsupervised visits.

Cadieux said any supervisory staff linked to the case will be reassigned while the review is underway and a human-resources review will only be conducted if Plecas finds significant concerns with their actions.

THE CANADIAN PRESS

IN BRIEF

Motorcyclist killed, passenger injured in crash

One man is dead and a woman remains in serious condition after a motorcycle was struck by a turning car in Surrey, RCMP say.

The collision happened at the intersection of 8th Avenue and 172nd Street at 9 p.m. on Saturday.

According to police, a vehicle was turning left onto 172nd when it collided with the motorcycle on 8th. The male driver of the motorcycle, a 32-year-old Langley man, died at the scene.

His passenger, a 22-year-old woman from Surrey, was ejected from the bike and taken to hospital in serious condition.

The investigation into the crash continues, but police say excessive speed and alcohol do not appear to be contributing factors. METRO

B.C. drought forces mill to close one operation

Drought conditions gripping southern British Columbia can now be blamed for costing at least 130 jobs.

The Howe Sound Pulp and Paper Mill, on the Sunshine Coast north of Vancouver, has announced it will close its paper-production operations, affecting between 130 and 180 workers.

Parent company Paper Excellence says timing of the closure was forced, in part, by dropping levels of water in Lake Seven, which feeds the mill's paper, pulp and power operations.

THE CANADIAN PRESS

Ex-RCMP officer who lied to inquiry gets two years less a day

RCMP

Inquiry looked into the death of Taser victim

The lies a former Mountie told a public inquiry damaged the reputation of the RCMP and undermined confidence in the once-trusted institution, a B.C. Supreme Court judge said Friday.

Justice Nathan Smith sentenced former corporal Benjamin "Monty" Robinson to two years less a day, one year of probation and 240 hours of community service for lying to the inquiry into the death of Robert Dziekanski.

Late Friday, his lawyer David Crossin said in an email that an appeal of the conviction has been filed, citing a number of errors by the trial judge. Robinson was released from custody pending the appeal.

He was the senior officer in charge on Oct. 14, 2007, when Dziekanski was jolted with a Taser and died at Vancouver's airport.

Smith found him guilty last March, ruling he colluded with fellow officers to make up testimony given at the inquiry.

"The impact of this offence on the community has been primarily to the reputation and credibility of the police force in which Mr. Robinson served," Smith told the court.

"Confidence and trust in the police is crucial to the proper functioning of the justice system and society in general."

Smith illustrated his point by reading part of the victim-impact statement of Dziekanski's mother. Zofia Cisowski said that when she came to this country she saw the RCMP as the main symbol of Canada and what it stood for, a democracy where people could always trust the police.

Cisowski said that she didn't feel the same way anymore because of the untruths told by police connected to her son's case.

Outside court, Cisowski held up a page from the report that had a photo of her son. It was the last picture taken of him.

Cisowski said she was so happy with the sentence that she could barely talk.

She said she has no respect for the RCMP, adding though, that "some of them are good. I cannot say everybody is bad." THE CANADIAN PRESS

Robert Dziekanski's mother, Zofia Cisowski, shows a photo of her late son in the Braidwood Commission report, outside B.C. Supreme Court in Vancouver on Friday, July 24, 2015. DARRYL DYCK/THE CANADIAN PRESS

B.C. COURT OF APPEAL

Judge rejects bail for man facing extradition for U.S. murder

A B.C. judge has rejected the bail application of a Canadian man who is facing extradition to Washington State, where he is accused of murdering his roommate.

B.C. Court of Appeal Justice Pamela Kirkpatrick concluded last week after hearing submissions from the Crown and the lawyer for the accused, Kevin David Patterson, that Patterson is a flight risk.

"A reasonable person's confidence in the administration of justice would, in my view, be undermined if this court were to release a potentially violent offender, accused of committing a serious and violent murder in a foreign jurisdiction, against whom there is evidence of an attempt to flee from these very charges," the judge concluded.

Patterson was arrested in Abbotsford on Sept. 17, 2014, with $5,000 in cash.

He is sought for the prosecution in the U.S. for the murder of his roommate, Richard Bergesen, in King County, Washington State, the same day he was arrested.

Patterson, 21, is also alleged to have robbed Bergesen, stealing the man's BMW and credit cards, which were allegedly used during a shopping spree in Abbotsford and for a party for Patterson's friends at a Best Western.

Police located Patterson through the anti-theft device on the BMW, which was transmitting from Abbotsford.

U.S. authorities allege the two met through church when Bergesen invited then-homeless Patterson to live with him.

Patterson allegedly killed his roommate with a shovel. Bergesen was found dead in his bedroom with his hands and legs bound with rope; he died from multiple skull fractures.

U.S. authorities allege that a number of witnesses reported calls from Patterson on the morning of Sept. 17, 2014, stating that he had hit Bergesen over the head with a shovel after he had made a sexual move on Patterson.

Patterson, in seeking bail, said he was born in Canada but was given up for adoption to a couple who moved to the U.S., but was ejected from his adopted home at age 15.

He has dual citizenship and a substantial criminal record for theft, identity theft, forgery and assault. NEAL HALL/FOR METRO

ASK ABOUT OUR EVENING CLASSES!
TRAIN FOR A REWARDING CAREER IN EARLY CHILDHOOD EDUCATION!
Graduates from the Early Childhood Education program work in nursery schools, preschools, daycare, and more. Classes start soon. Apply today!
Financial assistance may be available to qualified applicants.
Vancouver Career College also offers programs in:
• Construction Electrician Foundation
• Health Care Assistant
• Paralegal
• Plumbing Foundation
• Practical Nursing
• Social Services Worker Foundations
• And More!
1.800.993.4086
STUDY.VCCOLLEGE.CA
SIX LOCATIONS ACROSS BRITISH COLUMBIA TO BETTER SERVE YOU
VANCOUVER CAREER COLLEGE

‘Uncertainty’ upsets Fahmy

EGYPT

Canadian waits on Cairo court for its decision

Mohamed Fahmy’s long-running legal battle is about to hit its climax.

A Cairo court is expected to deliver a verdict Thursday for the Canadian journalist being tried on widely denounced terror charges and as the day approaches, Fahmy is hoping for the best but bracing for the worst.

“In order to survive I have to think positively,” he told The Canadian Press. “But the uncertainty is just horrible.”

Fahmy was the Cairo bureau chief for Qatar-based satellite news broadcaster Al Jazeera English when he and two colleagues were arrested in December 2013.

They were charged with a slew of offences, including supporting the Islamist Muslim Brotherhood, a banned organization affiliated with ousted Egyptian president Mohamed Morsi, and with fabricating footage to undermine the country’s national security.

Mohamed Fahmy FILE

The trio maintained their innocence, but after a trial which was internationally decried as a sham, they were convicted and sentenced to prison terms. A successful appeal resulted in a retrial which is set to end this week.

Fahmy, granted bail in February after over a year in prison, is hoping for a verdict that won’t send him back to prison, but notes his case is complicated.

“As much as we know we are completely innocent, we also know this trial is politicized and that factors other than evidence are going to be game changers,” he said. “ I am a pawn in Egypt and Qatar’s rift.”

Egypt and Qatar have had tense relations since 2013, when the Egyptian military ousted Morsi amid massive protests. Qatar is a strong backer of Morsi’s Muslim Brotherhood and Cairo accuses the state-owned Al Jazeera of being a mouthpiece for Morsi’s supporters — charges denied by the broadcaster.

Fahmy said there are a number of possible outcomes for him on Thursday — incarceration, a suspended sentence, a sentence that credits him for time already spent in prison, or a not-guilty finding, though he said “it would be naive” to expect one.

THE CANADIAN PRESS

LEGO THE FORCE IS STRONG WITH THIS ONE... Above: Lego Master Builder Paul Chrzan puts the finishing touches on an eight-feet-tall Yoda at Polo Park Shopping Centre in Winnipeg Sunday afternoon while a smaller Yoda statue watches on. Hundreds of kids, big and small, constructed “bricks” of Lego for Chrzan to use to put together the statue of the Jedi Master. Below: Chrzan holds up the smaller Yoda. ELISHA DACEY/METRO WINNIPEG

FLORA MACDONALD

Trailblazing cabinet minister dead at 89

Flora MacDonald, who served as a senior cabinet member in two Progressive Conservative federal governments and made a run for the party’s leadership in 1976, has died. She was 89.

MacDonald’s long-time executive assistant Margit Herrman says MacDonald died in Ottawa Sunday morning. Cause of death was not immediately available.

MacDonald was the first woman to hold the foreign affairs portfolio, during Joe Clark’s short-lived government in 1979 and early 1980. She was born in 1926 in Cape Breton, Nova Scotia.

She was first elected to the House of Commons in 1972, after successfully running as the Progressive Conservative candidate in the Ontario riding of Kingston and the Islands. She held the riding until her defeat in 1988.

Flora MacDonald died Sunday morning. FILE

MacDonald also held the posts of Minister of Employment and Immigration and later Minister of Communications in the government of Brian Mulroney.

THE CANADIAN PRESS

IN BRIEF

Officials hopeful in search for lost pilot

Search and rescue officials are still hopeful a helicopter missing near Baffin Island may be found, says a spokesman for Joint Task Force Atlantic.

“There is a lot of ice pans up North, so he may have been able to land there but didn’t have the power to communicate back to us,” said Derek Prescott, a search and rescue navigator on board the Hercules aircraft involved in the search.

“So there is still a chance that we may find him.”

The small Robinson R22 two seater helicopter went missing Saturday afternoon over the Davis Strait while flying from Iqaluit to Nuuk, Greenland.

The pilot, who Prescott said is a Russian citizen, was flying solo.

THE CANADIAN PRESS

You are invited to an
INFORMATION SESSION

OPTICIAN Diploma Program

Do you have retail/customer service experience?

Opticians are an integral member of the eye-care team who design, produce and fit eyeglasses, contact lenses and specialized products for their clients. Our program provides training in eyeglass, contact lens fitting and automated refraction. **This program prepares students to successfully complete the national licensing exam.**

- Average wage for an optician is $21+/hour with the potential to earn more than $85,000/year.
- 55 week program includes practicum

Tuesday July 28th
7:00 pm – 9:00 pm

Stenberg College
Suite 750-13450 102nd Ave,
Surrey
(Central City Tower)

PROFESSIONAL BUSINESS ACCOUNTANT (PBA)

Your small & medium-sized business professional accountant

- Earn up to $80,000 per year
- Prepared to become a full cycle accountant with accounting designation
- No degree required
- Ideal for individuals who want to be self-employed/entrepreneurs

Duration: 19 months including 3 month practicum.

"PBA has opened doors for me in the sense that it has given me the ability to advance in my career. It was my designation that allowed me to get the job I currently hold."
– Margo Desmarais, PBA, Finance Team Lead, University of Alberta

Wednesday July 29th
7:00 pm – 9:00 pm

Stenberg College
Suite 750-13450 102nd Ave,
Surrey
(Central City Tower)

"There is a huge demand for Recreation Professionals, particularly working with seniors."

THERAPEUTIC RECREATION (Gerontology)

Older adults are the fastest growing age group in Canada, resulting in a growing employment need for professionals who can support and promote optimal health for this generation.

The field of therapeutic recreation, especially for older adults (gerontology), is not just limited to physical exercise but activities that promote healthy living. These activities include: arts & crafts, music, gardening, games, social events, outings and entertainment.

IDEAL CAREER CHOICE FOR:
- **Kinesiologist grads** • **Care Aides** who want something more creative or less physical
- **Foreign-trained health care professionals**

Thursday July 30th
7:00 pm – 9:00 pm

Stenberg College
Suite 750-13450 102nd Ave,
Surrey
(Central City Tower)

All attendees will receive $250 bursary

Please RSVP to rsvp@stenbergcollege.com or by tel: 604-634-0384

PCTIA ACCREDITED

STENBERG COLLEGE

604-580-2772 · www.stenbergcollege.com

BRITISH COLUMBIA EQA

Lessons in Ojibwe keep language alive

CULTURE

Trailblazing program offers new way to teach tongues

Dave Baxter
Metro | Winnipeg

Language Immersion Camp instructor Jason Parenteau helps out Holly Monkman, left, and Dawnis Kennedy as they learn the Ojibwe language. DAVE BAXTER/METRO WINNIPEG

For Dawnis Kennedy, learning to speak Ojibwe is about much more than just learning a language.

"I want to be who I was born to be," said Kennedy, 38, of Ojibwe decent.

"And without the language how do I understand that and see that?"

Kennedy spent last week taking part in the Language Immersion Camp at the University of Winnipeg's Wii Chiiwaakanak Learning Centre.

The week-long program taught Ojibwe language skills in a classroom, but also had participants go out and do activities while speaking the language.

Kennedy's grandparents spoke the language when she was a kid, but she didn't learn it well enough to speak it, which was difficult for her.

"I'd stay up at night and listen to them speak the language, and I loved the sound of it, and dreamed of being able to speak it.

"This is a way to bring full meaning to my life, and bring me even closer to my culture."

> **I'd stay up at night and listen to them speak the language, and I loved the sound of it, and dreamed of being able to speak it.**
> Dawnis Kennedy, discussing the Ojibwe language

Wii Chiiwaakanak Learning Centre manager Jarita Greyeyes believes the program broke new ground.

"This is the first time we know of an adult Ojibwe immersion program offered in an urban setting," said Greyeyes, who said people came from all over Manitoba and even from the U.S. to take part.

The program saw participants do things such as jiu jitsu and yoga classes, and learn about plants and animals at Assiniboine Park, all while speaking the language.

"We learn the language, but then we go out and we use it," said Greyeyes.

Greyeyes is also encouraged that young people participated, because she said it's important for youth to know the language as a way to keep it alive.

The program was offered for free, thanks to funding from the Dr. Tobasonakwut Kinew Fund for the promotion of Indigenous Culture, History and Language, as well as the Department of Canadian Heritage.

NOVA SCOTIA

Weapon incidents up in group homes

Government records show weapons incidents ranging from possession of pellet guns to knife threats have been rising in Nova Scotia's youth group homes, prompting childrens' advocates to urge improved access to mental health care and increased staffing.

There were 34 incidents involving weapons in 2014, up from 25 in 2013 and 19 in 2012, according to serious occurrence reports obtained under Freedom of Information legislation.

The records also say there were 24 cases of serious injuries of children in care — seven instances due to fights — since Jan. 1, 2012, though the province says none led to hospitalization.

34

The number of incidents with weapons in Nova Scotia youth group homes in 2014.
THE CANADIAN PRESS

Provincial officials say the figures include mostly minor incidents, and one private home operator says they shouldn't be taken as a reflection on the nature of kids in care.

"There is absolutely a certain percentage of children who have experienced a level of trauma, neglect and abuse within their family that has been unbelievable ... For them, to have a weapon is more for protection than an opportunity to harm somebody," said Ernie Hilton, director of the non-profit Homebridge group.

Hilton said youth workers are constantly training to improve their care of the children and to de-escalate violence.

The 18 residential centres covered in the records care for about 150 of the province's children, from 10 years old to older teens.

In the reports, youth workers note that searches of rooms found weapons such as a hatchet, pellet guns, sling shots, and various knives.

For example, at Cogswell House residence in Halifax, youth workers reported that on Aug. 13 last year, "two pellet guns (hand guns) and a container with nine pellets in it," were located during a search.

And a Sept. 12, 2013 report describes how a resident and a counsellor struggled over a steel pipe the resident had brought into the Comhla Cruinn residence in Sydney, resulting in a lower back injury to the youth worker as they wrestled it away.

The Reigh Allen Centre, a shorter-term stabilization and treatment centre, also documented 12 cases of weapon possession or threats - involving knives and in one instance a machete - over an 18-month period ending Dec. 31 last year.

Janet Nearing, the director of in-care services at the Department of Community Services, says the department has measures in place that help avoid the incidents.

"What we have done and will continue to do is to remove weapons that come into the facility. What's most critical is that the weapons aren't used to put anybody in danger," she said during an interview.
THE CANADIAN PRESS

NEED A JOB?
Besoin d'un emploi ?
We offer FREE employment services
Tous nos services à l'emploi sont gratuits
Services disponibles en français
Connect to your local WorkBC Employment Services Centre
VANCOUVER WESTSIDE
300-2150 West Broadway
Tel 604.688.4666
NORTH SHORE
106 – 930 West 1st, North Van
Tel 604.988.3766
VANCOUVER SOUTH
Ground Floor, 7575 Cambie St
Tel 604.263.5005
Canada
BRITISH COLUMBIA
The Employment Program of British Columbia is funded by the Government of Canada and the Province of British Columbia.
YWCA METRO VANCOUVER

HISTORY

Maud to rise from the depths

The tough oaken vessel that took famed explorer Roald Amundsen on his second Arctic voyage is about to rise again.

After four years of negotiation and preparation, a Norwegian team expects to refloat the Maud this week, 85 years after she was scuttled in shallow waters off the coast of Nunavut.

"We're quite confident," said Jan Wanggaard, who's heading the crew hoping to return the last ship of a Norwegian national hero to its homeland.

The Maud was built in 1917 in Vollen for Amundsen, the first man to reach the South Pole. He also made groundbreaking expeditions in the Canadian Arctic, including the first successful transit of the Northwest Passage.

Amundsen intended to use the specially strengthened Maud to drift across the North Pole while frozen into moving sea ice. After two failed attempts, she was sold to the Hudson's Bay Co. in 1925.

A bird's eye view of the sunken Maud. THE CANADIAN PRESS

Three years later, the ship sank while moored in shallow water just off Cambridge Bay. Parts of the hull still protrude above the waves.

Since June, Wanggaard and his colleagues have been slipping ropes and straps under the Maud's 40-metre hull. Sometime this week, they'll attach flotation balloons to the ropes and gently ease the vessel off the seafloor.

The Maud can take it, said Wanggaard.

"This boat was built as one of the strongest ships ever of wooden construction," he said. "It was made to take the pressure from the ice." THE CANADIAN PRESS

IN BRIEF

Tour bus crashes in Peru
Some East Texas college students are among at least 15 foreign tourists hurt after their bus crashed in Peru.

Peruvian police say the bus overturned Saturday on a highway near the Pisac archaeological site outside of Cusco. Police said Sunday the driver apparently lost control on a curve.

The tour bus carried 19 people, including the driver and a guide. Four people suffered serious injuries. Several others were treated for minor injuries and released. THE ASSOCIATED PRESS

Spain wildfire prompts hundreds of evacuations
A wildfire racing through forested hills in northeastern Spain has forced the evacuation of several hundred people.

The blaze broke out Sunday afternoon in dry woodland and was being fanned by steady winds. Within hours the fire had charred around 450 hectares (1,100 acres). Firefighters said some 400 people were evacuated.
THE ASSOCIATED PRESS

House of Lords member resigns over racy photos
The deputy speaker of the United Kingdom's House of Lords has resigned his position after publication of photos and a video allegedly showing him using cocaine with prostitutes.

Lords Speaker Baroness D'Souza Sunday called John Sewel's alleged behaviour "shocking and unacceptable" and said she is calling in police to investigate on an urgent basis.

She said Sewel has stepped down from his special position in Britain's upper house. He remains a member of the House of Lords. THE ASSOCIATED PRESS

U.S. President Barack Obama delivers a speech — in front of American and Kenyan flags — at the Safaricom Indoor Arena in the Kasarani area of Nairobi, Kenya, on Sunday. Obama is travelling on a two-nation African tour where he will become the first sitting U.S. president to visit Kenya and Ethiopia. BEN CURTIS/THE ASSOCIATED PRESS

Obama gives hopeful message to Kenyans

HUMAN RIGHTS

President urges 'tough choices' to combat risk of corruption

Declaring Kenya at a "crossroads" between promise and peril, U.S. President Barack Obama on Sunday pressed the nation of his father's birth to root out corruption, treat women and minorities as equal citizens and take responsibility for its future.

Closing his historic visit with an address to the Kenyan people, Obama traced the arc of the country's evolution from colonialism to independence, as well as his own family's history there. Today, Obama said, young Kenyans are no longer constrained by the limited options of his grandfather, a cook for the country's former British rulers, or his father, who left to seek an education in America.

"Because of Kenya's progress — because of your potential — you can build your future right here, right now," Obama told the crowd of 4,500 packed into a sports arena in the capital of Nairobi. But he bluntly warned that Kenya must make "tough choices" to bolster its fragile democracy and fast-growing economy.

> **Here in Kenya, it's time to change habits.**
> President Barack Obama

Obama spent considerable time warning about the risks of government corruption, calling it an "anchor" that could weigh down the country's promising future.

"Too often here in Kenya corruption is tolerated because that's how it's always been done," he said. "Here in Kenya, it's time to change habits."

He urged an end to old tribal and ethnic divisions that are "doomed to tear our country apart" and spent significant time imploring Kenyans to respect the rights of women and girls, saying that marginalizing half of a country's population is "stupid." He also called for an end to forced marriages for girls who should otherwise be attending school.

"These traditions may date back centuries. They have no place in the 21st century," he said. THE ASSOCIATED PRESS

FLIGHT TRACKER

App puts security of royal at risk

A British newspaper said it has uncovered a major royal security breach by using an inexpensive app to track Prince William's air rescue ambulance while it is in the air.

The Mail on Sunday said the 2.99 pound ($4.65) app allowed it to keep close track of William as he flew in his capacity as a private pilot with East Anglian Air Ambulance in eastern England.

It said the app allowed its journalists to pinpoint where William was planning to land the air ambulance helicopter.

It published photos appearing to show William's helicopter landing and of the prince himself talking to colleagues on the ground.

For a small extra fee, the Mail on Sunday said, users can receive a text alert every time the helicopter William uses takes off on a mission.

Air safety expert Christopher Yates told The Associated Press it would be relatively easy to modify software so that a helicopter William was using couldn't be tracked, but he said such a change may not be warranted even though William is thought to fly without a protection officer.

"Most of the time when an air ambulance is called it appears on the scene, scoops someone up and disappears," he said. "If there were someone monitoring, the chance of them being there at the scene when he arrives is quite remote. And we don't know from one day to the next if he's going to be on board. So I don't see a problem."

William's press office refused to comment, calling it a security matter. The Metropolitan Police also refused to comment. THE ASSOCIATED PRESS

NORTH ATLANTIC COUNCIL

Turkey requests urgent NATO talks

Turkey on Sunday called for a meeting of its NATO allies to discuss threats to its security and its airstrikes targeting Islamic State of Iraq and the Levant (ISIL) militants in Syria and Kurdish rebels in Iraq.

The move came as Turkey's state-run media reported Turkish F-16 jets took off from the country's southeastern Diyarbakir air base to hit Kurdistan Workers' Party, or PKK targets across the border in northern Iraq.

There was no immediate confirmation of the report by TRT television, which came hours after authorities said PKK militants detonated a car-bomb near Diyarbakir, killing two soldiers and wounding four others.

NATO announced its decision-making body, the North Atlantic Council, will meet Tuesday after Ankara invoked the alliance's Article 4, which lets member states request a meeting if they feel their territorial integrity or security is threatened.
THE ASSOCIATED PRESS

Bobbi Kristina Brown dead, family confirms

A representative for the Houston family has said Bobbi Kristina Brown, daughter of the late entertainer Whitney Houston and R&B singer Bobby Brown, has died, about seven months after she was found face-down and unresponsive in a bathtub. She was 22 years old.

Kristen Foster said Sunday, "Bobbi Kristina Brown passed away July, 26 2015, surrounded by her family. She is finally at peace in the arms of God.

"We want to again thank everyone for their tremendous amount of love and support during these last few months."

Police said she was found Jan. 31 in the suburban Atlanta townhome she shared with Nick Gordon, the man she called her husband. A police report described it as a "drowning."

Bobbi Kristina was the only child between Houston and Brown.
THE ASSOCIATED PRESS

SUMMER BODIES ARE MADE NOW!

Venus Freeze

The most advanced thermal-magnetic solution for pain-free treatment of Cellulite & Wrinkles, Body Contouring & Skin Tightening on the Face, Neck & Body!

FDA & Health Canada Approved

ANY 30 minute appointment on ANY Body Part
1st Treatment Only $99 (regularly $275)

* One per client. 30 min appointment includes 20 min treatment. Multiple treatments required for optimal results.

604-255-2737
www.ElectraLaserHairRemoval.com
ELECTRA LASER
HAIR REMOVAL & SKIN REJUVENATION EXPERTS
L12 - 955 Hornby St. Vancouver

SMARTPHONES

Samsung keeps top spot as market grows

Samsung remained the top global smartphone vendor in the second quarter despite slowing sales, while Apple and Chinese manufacturers boosted market share, a quarterly survey by research firm IDC suggested. The survey showed the global market for smartphones grew 11.6 per cent from a year ago, the second highest quarterly total on record.

Samsung led the market with a 21.7 per cent market share, even though sales dipped from a year earlier. Apple, which briefly took the lead in the fourth quarter of 2014 with its new iPhones, saw its market share rise more than two points from a year earlier to 14.1 per cent, IDC said.

But some of the biggest gains came from Chinese manufacturers with their more affordable handsets. Huawei took the number three position with an 8.9 per cent share. Xiaomi was the fourth largest vendor with 5.3 per cent of the market. AFP

IN BRIEF

Minister confirms Greek bailout talks delayed

Greece's labour minister Giorgos Katrougalos says the format of talks between the government and rescue lenders is still being worked out — confirming a delay in the negotiations for a third international bailout.

"The way the negotiations will take place is still being discussed within the government," he said.

Bailout negotiators from the European Commission, European Central Bank and International Monetary Fund had been due to start arriving in Athens last Friday to start talks for the new rescue package worth an expected 85 billion euros ($93 billion US). But late Saturday, a government official said talks at a "technical level" were now set to start next Tuesday.

THE ASSOCIATED PRESS

IMMEDIATE POSITIONS AVAILABLE IN DELTA & NEW WESTMINSTER, BC

Spla$h Into Ca$h

We've got hot summer jobs available

apply.smjobs.com/amazon

JOIN OUR TEAM IN DELTA, JOB CODE: 908S
NEW WESTMINSTER, JOB CODE: 914A

- Competitive payrates; Weekly paychecks
- Full & part-time schedules; Great team
- Casual dress environment; Commuter friendly

APPLY ONLINE OR CALL 604-449-6755
Stop by the Staff Management Recruiting Office
644 Columbia Street • New Westminster, BC V3M1A9

#SMXJOBSNOW

staff management | smx
a TRUEBLUE company

A variety of the cannabis oil available to customers is shown at the Cannabis Buyers Club, in Victoria, B.C. Canadians prescribed medical marijuana could one day see their insurance company footing the bill, experts predict. THE CANADIAN PRESS

Insurance for pot on horizon, experts say

HEALTH

Sale of medical cannabis in gel caps could get docs on board

Canadians who have been prescribed medical marijuana could one day see their insurance company footing the bill, experts predict, following the introduction of new Health Canada rules that allow for the sale of cannabis oils.

Health Canada announced revamped medical marijuana regulations earlier this month after the Supreme Court of Canada ruled that users of the drug should be permitted to consume it in other forms, such as oils and edibles, rather than having to smoke dried buds.

"You're going to see insurance companies slowly start to creep into the sector," says Khurram Malik, an analyst at Jacob Securities Inc., noting that the new regulations will allow medical marijuana producers to sell gel caps similar to those made from cod liver oil.

That will allow for more precise dosing, Malik says.

"When you're trying to smoke a plant, you have no idea how much you're consuming, so that makes doctors a little nervous," he said.

Experts say the changes are a major step towards legitimizing the drug in the eyes of doctors and insurers.

"When something doesn't look different than other medicines, it becomes much easier for people to get comfortable with the idea that this is, in fact, a possible treatment option for patients," says Bruce Linton, the chief executive of Tweed Marijuana Inc.

However, medical marijuana producers still have one major hurdle to overcome before insurers begin routinely funding the drug — cannabis currently doesn't have a drug identification number, known as a DIN.

> **When you're trying to smoke a plant, you have no idea how much you're consuming, so that makes doctors a little nervous.**
> Khurram Malik, analyst at Jacob Securities

"If it was issued a DIN by Health Canada, it's quite likely that the insurance companies would cover it," says Wendy Hope, a spokeswoman for the Canadian Life and Health Insurance Association Inc.

As it stands, most insurance companies don't routinely cover medical marijuana. But some insurers, including Manulife, say they will consider making an exception if the employer has specifically requested it for one of its employees.

Malik says the primary reason why medical marijuana doesn't have a DIN is a lack of rigorous, clinical research on its efficacy. "The evidence is very circumstantial — not your typical 10-year, double-blind study that doctors and big pharmaceutical companies like to see," Malik said.

THE CANADIAN PRESS

RECALLS

U.S. set to fine Fiat Chrysler $105 million

The U.S. government will hit Fiat Chrysler with a record $105 million US fine next week for violating laws in a series of vehicle safety recalls, a person briefed on the matter said.

The National Highway Traffic Safety Administration will reveal the fine on Monday. In addition, Fiat Chrysler will be required to buy back a group of recalled vehicles to get them off the roads, said the person, who didn't want to be identified because no official announcement has been made.

The company will make payments to owners of 1.56 million recalled older-model Jeeps with gas tanks behind the rear axle to bring them to dealers to install trailer hitches to help protect the tanks. The tanks are vulnerable and can leak gasoline if damaged in rear collisions. The company maintains the Jeeps are as safe as comparable vehicles built at the time, and it will not buy them back.

The fine beats the old record of $70 million US assessed against Honda Motor Co. for lapses in recalls of airbags made by Takata Corp.

At the July 2 hearing, NHTSA detailed an alarming litany of shortfalls: failure to notify customers of recalls, delays in making and distributing repair parts, and in some cases failing to come up with repairs that fix the problems. Some of the recalls date to 2013.

THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Monday, July 27, 2015

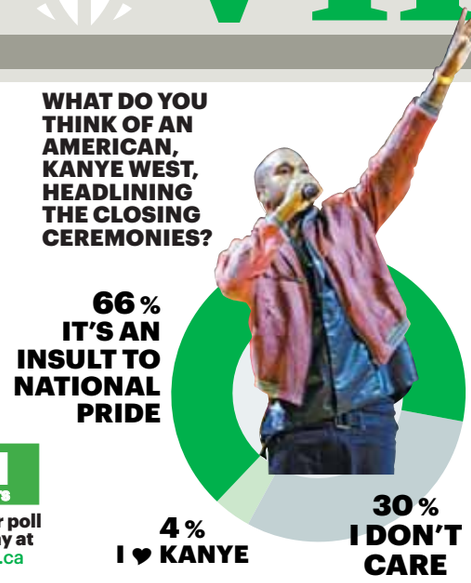
POLL: THE PRICE OF PAN AM

Canadians broke records at the Pan Am games, and Toronto got new facilities and a head start on a potential future Olympics. But the cost — $2.4 billion, shared among the federal, provincial and municipal governments and host universities — has some people seething. We asked our readers if the investment, which works out to $68 per Canadian, was worth its weight in gold (medals).

Were the Pan Am Games worth the $2.4-billion+ price tag?
19% YES, BUT I WISH IT WERE LESS.
31% YES! NEXT STOP, OLYMPICS!
50% NO WAY. WASTE OF MONEY.

751 RESPONDENTS

Answer our poll every Friday at metronews.ca


WHAT DO YOU THINK OF AN AMERICAN, KANYE WEST, HEADLINING THE CLOSING CEREMONIES?
66% IT'S AN INSULT TO NATIONAL PRIDE
4% I ♥ KANYE
30% I DON'T CARE

What do you wish the Pan Am money was spent on? (We asked readers to rank their choices from 1 to 9. This is the average).

1. Roads, bridges and infrastructure
2. Balancing the government's books
3. The Pan Am Games! I love them!
4. Health care
5. National childcare
6. Public schools
7. Green energy/environmental clean-up
8. Student loan forgiveness
9. Just cut us all a $68 cheque!

Trans-rights stand made Pride political again

CITY HOLLER
Trish Kelly

Spectators and participants at the Vancouver Pride Parade this coming Sunday won't get a queen wave from Premier Christy Clark, or any B.C. Liberals, for that matter.

This year, the Vancouver Pride Society is requiring parade entrants, including political parties, to sign the Trans Equality Now (TEN) Pledge in support of transgender legal equality in Canada. The B.C. Liberals won't sign, so they can't march.

It's disappointing that the Liberals won't sign, but the Pride Society's decision to require the pledge delights me. Vancouver's Pride Parade, for me, has always been more than an excuse for good looking gay people to show the world how awesome life can be. In the face of homophobia, shame and deadly silence, Pride is a beautiful expression of resistance our whole community can celebrate.

I was a teenager the first year I attended the Pride Parade. I came out as queer soon after, and went on to march in the Parade several times. As the years went by, I watched the number of parade entrants increase. More and more, banks and other mainstream entities found their way in to the parade, proving attitudes were improving, but also dulling the politics.

The requirement of this pledge refuels the political charge of the parade. "The Pride movement started as a protest march to demand our rights as full and equal citizens, regardless of our sexual orientation or gender identity," said VPS president Tim Richards.

While mainstream acceptance of gay and lesbian culture has made life safer for some members of Canada's LGBTQ community, it hasn't been the case for all. We may be celebrating 10 years of same-sex marriage rights in Canada, but Canada's transgenderPULSE Project found that 97 per cent of transgender people have been harassed in their workplace and 26 per cent have lost a job because of gender identity discrimination.

Hundreds of thousands of people attend the parade. Whether you're there to celebrate for yourself or others, those who have their rights protected by laws owe it to those still marginalized to ensure everyone is protected.

The B.C. Liberals still could sign the pledge. VPS Parade Coordinator Bry Leckie has said no political parties will receive an exemption.

Acceptance of gay and lesbian culture has made life safer for some in the LGBTQ community. It hasn't been the case for all.

"If they refuse to stand up for LGBTQ2+ rights, they have no place at the Parade," Leckie said. Leckie was speaking about political parties in particular, but I think it applies to everyone who chooses to attend. I'm grateful to the organizers for taking a stand to support transgender rights, and making the parade politically relevant again. It's a stand we can all be proud of.

Trish Kelly lives and writes in East Vancouver. Follow her @trishkellyc

ROSEMARY WESTWOOD

metroview

I would gladly pay more for a strong national broadcaster

The Pan Am Games weren't the popularity flop they once threatened to be.

But as a litmus test for the state of the CBC, they're troubling.

Ticket sales, once lagging, hit the one-million mark last week. About 46 per cent of Canadians have tuned in to the CBC or its partners to watch, organizers say.

But many viewers didn't like what they saw. Complaints poured in after the CBC didn't show key games — including Canada's gold-medal wins in baseball and basketball — on live TV, forcing spokesman Chuck Thompson to admit that the corporation's scarce resources played a role in the decision.

In other words, the broadcaster — which since 2012 has suffered a $115-million funding cut, the loss of lucrative NHL broadcasting rights, and the elimination of 657 jobs — decided it couldn't afford to do more with less. It sensed the potential for a flop and underinvested accordingly.

After losing the NHL, the CBC said it would focus only on amateur sports that let it break even. The Pan Am Games show what a limping CBC thinks it needs to do to make that happen.

It's ironic, then, that the Senate would suggest the CBC cover more amateur sports, in a report on the future of the broadcaster released last week. Nowhere, as the Globe's Kate Taylor notes, does the report explain how to pay for this.

Raising government funding certainly isn't on the list, even though amateur sports offer the perfect argument for a well-funded CBC, one willing and able to handle what profit-fixated private broadcasters won't touch.

Instead, the senate report is the kind of map you'd hand to someone you hope will get lost. Given the conservative tint to the committee, perhaps that's the point.

The senators know we are watching a sinking mother corp.

That the CBC is underfunded is a matter of fact: It gets one-third the per-capita funding of the BBC, and the third-lowest among public broadcasters in Western democracies.

You could, as does the Senate, grasp at ways to make it a better, but still underfunded, public broadcaster.

But that's not the point, is it? Either you believe in the mission of a broadcaster beholden to Canadians, or you do not.

If you do, then pony up. I would gladly pay more than the paltry $29 a year we each contribute (I spend more on Q-tips).

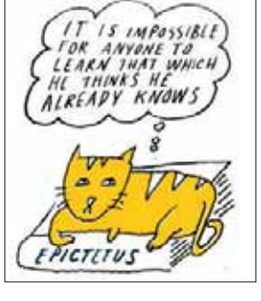
If you don't, well then, just sit back and wait.

Because you can't have it both ways.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank
VICE PRESIDENT & EDITOR
Cathrin Bradbury
VICE PRESIDENT & GROUP PUBLISHER METRO WESTERN CANADA
Steve Shrout
MANAGING EDITOR VANCOUVER
Jeff Hodson
ADVERTISER INQUIRIES
adinfovancouver@metronews.ca
General phone 604-602-1002
FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan



metro LIFE
Your essential daily news

Adam Sandler's Pixels coudn't overtake Ant-Man at the box office

Sentenced to stardom

INTERVIEW

Audiences love Litchfield's new inmate, and Hollywood is taking note

Australian actress Ruby Rose (right) stars alongside Taylor Schilling's Piper in Season 3 of OITNB. HANDOUT

North American audiences were introduced to Australian actress Ruby Rose on the third season of Netflix series Orange is the New Black, and she's quickly become a breakout star.

Rose plays Stella, an inmate at the women's prison who hits it off with Taylor Schilling's lead character, Piper.

In a recent interview, Rose said she's trailed by paparazzi, even at the airport. However, the attention she's gotten is welcomed because "my main goal is always acting."

"I had no opportunities before," she said with a laugh. "I was finding it really hard to get in the door here. Really hard. I couldn't get an agent, I couldn't get a manager, I couldn't get an audition. I couldn't do anything, and your hands are a little bit tied at that point. You have a visa that says it's for entertainment and you have no one that wants to represent you."

The 29-year-old is considering possible future projects, and says there's a possibility she'll return for the fourth season of Orange.

What was it like joining the cast?
I've never been in a situation like that where I've gotten to meet so many amazing women that are all so talented and independent and funny, and it's a very supernatural situation with that many talented people in one room at one time, all getting along. It's great. It was perfect.

You were a fan of the show first. How did it feel to meet these people?
The only one I went like, 'Oh, what's going on?' was with Laura Prepon. She had the prison outfit, the glasses, the brows and the hair. She was (her character) Alex walking down the corridor. I just went, 'Hi! You're really good-looking.' She's just so tall and statuesque.

Is there anyone you didn't have scenes with that you wish you did?
I did a lot of scenes with pretty much everyone. I think Laverne (Cox), maybe, I didn't get any scenes with (her), but we hung out a lot, and whenever she was there on the set, I would always go and sit in her room.

You also work as a DJ. How do you balance that with acting?
I get these weekend opportunities to travel to different parts of the world and DJ, so it's literally the perfect mix. I have a fantastic combination career. It's a hobby, but it's something I've done for the last 10 years and so it's always going to be part of me.

How did you start acting?
I actually went to school for acting when I finished high school, and about halfway through that first year I ended up booking MTV (in Australia) and so I proceeded to do television presenting, I had a clothing brand and created my own radio station.

I did all these crazy things and it was almost like they were all sidesteps to get me into the door with acting. ... I'm definitely where I want to be now and it feels amazing. THE ASSOCIATED PRESS

> **"I was finding it really hard to get in the door here. Really hard. I couldn't get an agent, I couldn't get a manager, I couldn't get an audition.**
> Ruby Rose, actress

EARN YOUR MASTER'S DEGREE FROM A GLOBAL INSTITUTION

AACSB ACCREDITED M.B.A.

AACSB ACCREDITED

Choose a general MBA or a concentration in finance or tourism

Credit transfer and campus transfer options are available

Access a variety of internship and practicum opportunities

For more about our programs, call 604.639.0942 or visit us at nyit.edu/**canada**

New York Institute of Technology
701 W. Georgia St. 17th floor, Vancouver, Canada
vancouverinfo@nyit.edu

NYIT

87% OF NYIT GRADUATES GET JOBS IN THEIR CHOSEN FIELDS WITHIN 6 MONTHS

BROKEN PROMISE — AN EXCERPT IN FOUR PARTS BY LINWOOD BARCLAY

BILL TAYLOR

PART 1 OF 4

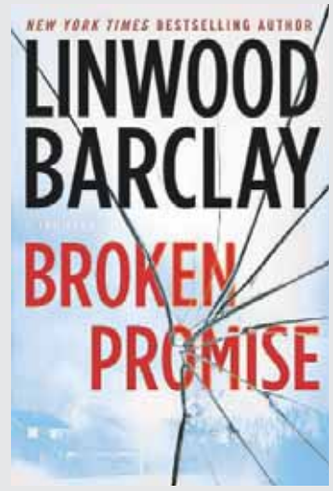
Something dark has infected Promise Falls

Bestselling thriller author Linwood Barclay returns this week with Broken Promise (Doubleday, July 28, $22.95) the first book in an explosive new trilogy.

As the novel begins, David Harwood uproots his life and young son after the death of his wife and the demise of his newspaper, and moves back into his childhood home in Promise Falls, N.Y., where he comes across an epic family secret.

Excerpted from Broken Promise by Linwood Barclay. Copyright © 2015 Linwood Barclay. Published by Doubleday Canada, a division of Penguin Random House Canada Limited, a Penguin Random House Company. Reproduced by arrangement with the Publisher. All rights reserved.

As I rapped on it with my fist, I noticed a smudge on the door frame. It looked like smeared blood. As if someone had swatted the world's biggest mosquito there.



"David," my mom said, "I wanted to ask what you might have on for this morning."

"Why? What's up?"

"I mean, if you have some job interviews lined up, I don't want to interfere, but I have some things to drop off for Marla." Marla Pickens. My cousin. "I made up a chili, and I had so much left over, I froze some of it. And I picked her up a few other things. Some Stouffer's frozen dinners. I don't think that girl is eating. Ever since this business with the baby, she just hasn't been right."

Dad, not taking his eyes off the screen, said, "It's been ten months, Arlene. She's gotta move on. She's gone a bit crackers, if you ask me."

When I got to Marla's, I grabbed the bags of food and mounted the three steps to the door. As I rapped on it with my fist, I noticed a smudge on the door frame.

It looked like smeared blood. As if someone had swatted the world's biggest mosquito there.

When Marla didn't answer the door after ten seconds, I knocked again. Five seconds after that, I let myself in. "Marla? It's cousin David!" Down the hall, I heard a kind of . . . mewing? A gurgling sound?

A baby?

"Marla?" I set the bags down on the floor and went down the hall, pushed open a door.

I had heard a baby. Nine months old, I guessed, and sucking contentedly on a rubber nipple, its tiny fingers attempting to grip the plastic feeding bottle. Marla held the bottle in one hand, cradling the infant in her other arm.

She studied my face and whispered, "I heard you call out, but Matthew's nearly asleep."

"Matthew?"

Marla smiled, nodded. "Isn't he beautiful?"

Slowly, I said, "Yes. He is." A pause, then: "Who's Matthew, Marla? I mean, who does Matthew belong to? Are you babysitting for someone?"

Marla blinked. "Matthew belongs to me, David. An angel brought him to me."

"Marla, what happened last year to you . . . and your baby . . . was a tragedy. We all felt so terrible for you."

Ten months ago. Marla had been devastated.

"Marla, tell me whose baby this really is, and why there's blood on your front door."

In tomorrow's excerpt: Other strange things are happening in Promise Falls.

STREAMING

Angelina Jolie to direct Cambodian war drama

Angelina Jolie is teaming up with Netflix to direct an adaptation of First They Killed My Father: A Daughter of Cambodia Remembers. The film will be based on Loung Ung's memoir of her experiences during the Khmer Rouge regime as a child. It's expected to be available on Netflix in late 2016.

Jolie co-adapted the script with Ung. The actress and director says the memoir helped reinforce her connection to Cambodia, where her son Maddox was born.

Jolie recently directed the Louis Zamperini biopic Unbroken and is in post-production on By the Sea, in which she also acts alongside husband, Brad Pitt.

THE ASSOCIATED PRESS

Angelina Jolie.

GETTY IMAGES

One HELOC way to home equity havoc

BORROWER BEWARE

Using the value of your home as line of credit has its pitfalls

What the heck is a HELOC?

The term HELOC refers to turning your house into a giant credit card with extremely low interest rates. If you think that sounds like a good deal, you're not alone.

HELOC is the acronym for a Home Equity Line of Credit. Many lenders will allow you to borrow money against the worth of your house at a much lower interest rate than on your credit cards or if you were using a line of credit that wasn't "backed" by anything.

The idea is that banks and credit unions can safely assume lending you money is relatively low risk because you can always sell your house to pay your debts.

Home equity is basically the difference between what your house is worth and how much (if anything) you still owe on your mortgage.

For example, if I purchased a home for $300,000, paid a $60,000 down payment, and then faithfully made my monthly payments for 10 years, I might have whittled my mortgage down to $165,000 or so. If my house was in an ice-cold housing market and hadn't risen in value at all during those 10 years, I would now have roughly $135,000 in home equity.

If I lived in a major Canadian urban centre over the past 10 years, my home is now probably worth at least 25 per cent more than I paid for it though; therefore, I'd have more like $235,000 in home equity.

Therein lies the HELOC trap.

As a Canadian millennial, I could be excused for thinking that the value of houses only goes up — and that it always does so quite drastically. If you follow that line of reasoning to its logical conclusion, there should be no harm in borrowing against the growing equity in your home, because as long as the value of the house goes up faster than you borrow against it, things will be fine. Of course if interest rates suddenly rise, home values fall, and many other bad things happen — you could be caught financially skinny dipping when the tide goes out.

According to the Canadian Association of Accredited Mortgage Professionals (CAAMP), 27 per cent of people with mortgages in Canada in 2014 had a HELOC. Of those that had one, 90 per cent had an outstanding balance and the average amount outstanding was $57,000.

HELOCs can be great financial tools if understood and used properly. If they are simply seen as the quickest way to marble countertops, a new boat, or that luxury vacation you've always wanted ... Well, just remember, the tide always goes out eventually.

Kyle Prevost is a personal finance writer helping people save and invest at YoungandThrifty.ca.

HELOC DEFINED

Behind the acronym

- HELOC stands for Home Equity Line of Credit.
- HELOCs allow you to borrow money at very low interest rates.
- The temptation to use HELOCs to live above your means can get you in trouble in a hurry!

A home equity line of credit or HELOC can make it all too easy to overextend yourself. ISTOCK

SALES ADMINISTRATION AND RESEARCH

Reporting to the Advertising Sales Manager, Metro Vancouver, the right candidate will carry out a range of administrative and operational tasks related to all levels of sales support in the Metro Vancouver operation.

PRIMARY RESPONSIBILITIES:

- Responsible for all administrative projects as assigned
- Identify prospects, revenue opportunities and lead generation
- Enter new clients in CRM, update client information as necessary
- Complete payment call requests
- Ad creative proofing between clients and designers
- Organizing and updating media kits and sales collateral
- Direct Sales Support

REQUIREMENTS OF THE POSITION:

- Great organizational and time management skills
- Outstanding communication skills
- Intermediate knowledge of Microsoft Office - Word, Excel & Outlook
- Attention to details and thoroughness in the execution of tasks
- Must be a team player with a great, and we mean great, sense of humor

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than August 7, 2015.

PLEASE QUOTE: "Sales Admin/Research - Vancouver" in the subject line. All submissions will be treated as confidential.

metro

ADVERTISING SALES REPRESENTATIVE

Metro Vancouver is seeking an aggressive, results-oriented

Special Projects Sales Representative

The ideal candidate will utilize creative strategies to customize a broad range of advertising options, including print and online, to support clients in achieving their business objectives.

Sales representatives must possess the flexibility and poise necessary to reach out and develop relationships with local businesses.

Metro offers results-oriented sales representatives the opportunity to achieve high rewards for successful performance.

REQUIREMENTS OF THE POSITION:

- Minimum 2 years of demonstrated success in advertising sales or business-to-business sales.
- Excellent networking, organizational and time management skills.
- Outstanding verbal and written communication skills, including proficiency in Microsoft Office.
- A self-motivated desire to develop new business.
- Some college education or relevant post-secondary training.
- Valid drivers license and a vehicle.

Individuals interested and having the skills described are requested to submit their resumé and cover letter via email to hr@metronews.ca no later than July 31, 2015.

PLEASE QUOTE: "SPECIAL PROJECTS SALES REPRESENTATIVE — Vancouver" in the Subject Line. All submissions will be treated as confidential.

metro

APP REVIEWS KRIS ABEL'S DIGITAL PICKS FOR THE WEEK

MIND THE APP
Kris Abel
@RealKrisAbel

FITNESS

Nike+ Running

•iPhone/Apple Watch/ Android
• Free
A new music update to the popular fitness tracking app means you can now use Spotify to generate a 100-song playlist based on a target BPM (bests per minute) determined from your own recorded pace goals and musical tastes.

GAME

Prune

• iPhone/iPad
• Rated: Everyone 4+
At its heart, Prune is about caring for a tree. It's a relaxing game where you must trim branches away from danger and towards the sun. Beautiful in visuals and poignant through music, its originality and ability to create a moving experience place it among the year's best.

KIDS

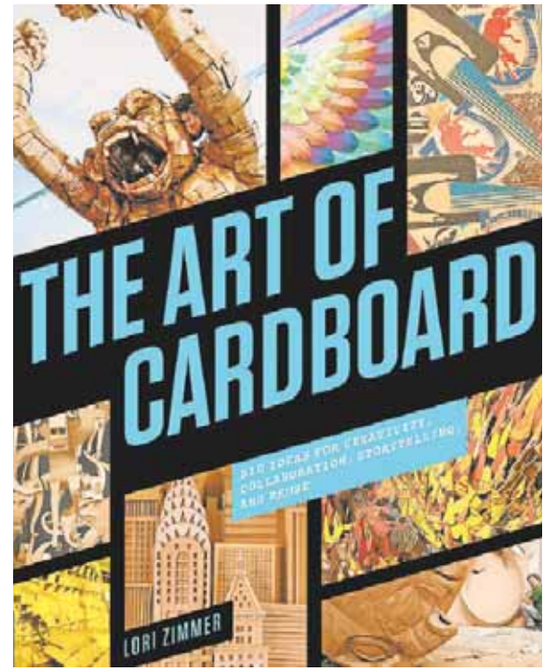
Roald Dhal's Twit or miss

• iPhone/iPad
• Free
The first in a series of apps celebrating author Roald Dhal, this mischievous food fight game has you deflecting the gross dinner morsels of fish heads, broccoli, and bird pies from Mr. Twit's beard to protect his wife's ever-boiling temper.

COOKING

Blue Apron

• iPhone
• Free
This weekly supply of seasonal, step-by-step recipes is richly presented with how-to videos, cooking tips, ingredient guides, and even a camera app with fun filters and effects. Although tied to a U.S.-only delivery service, the recipes are handy on their own.



EBOOK

The Art of Cardboard

• Kindle/iBooks/Kobo
From creating childhood castles to using storage boxes for our memories, cardboard boxes have long been a trigger for our imagination. Filled with zoomable photos, this gorgeous ebook explores the astonishing sculptures of eco-artists who see the spirit of sustainability in playful packing cartons.

VIDEO GAMES

Game marks 30 years of Mario

This September, in order to properly celebrate the 30th anniversary of its cult platformer, Nintendo will release Super Mario Maker, a new video game made for the Wii.

The game will allow players to build and share new levels for the famous mustachioed plumber.

On Sept. 11, two days before the anniversary of the release of Super Mario Bros., Nintendo will release Super Mario Maker, the latest in a long line of video games starring Mario and his brother Luigi.

Just like Little Big Planet, available on Sony consoles, this game will give players the chance to create their own levels to play and to share them with gamers around the world.

Beyond just creating their own levels, with the help of the Gamepad touchscreen, gamers will also travel back through time to previous Mario worlds.

Four previous games have been selected to serve as a creative base: the very first Super Mario Bros., Super Mario Bros. 3 (1988), Super Mario World (1990) and New Super Mario Bros. U (2012).

Super Mario Maker will be a tribute to Mario, one of the most widely recognized video game characters ever and one who has contributed significantly to Nintendo's, and video games in general, success around the world.

First released for NES on Sept. 13, 1985, Super Mario Bros. had a mustached plumber as its hero.

Having already played his part in the Donkey Kong games, in his own game, Mario is tasked with racing through the Mushroom Kingdom, surviving the main antagonist Bowser's forces, and saving Princess Toadstool.

Nintendo's Mario turns 30 in September. HANDOUT

The game's success should be a no-brainer considering the fact that until 2008 it was the most popular video game in history with over 40 million copies sold around the world. In fact, at a time when the gaming industry was hitting a wall, along came Mario to breathe life back into the business and make Nintendo the industry leader.

In 30 years, the company hasn't missed an opportunity to release multiple sequels and spinoffs of its Mario franchise, constantly upgrading the games with the release of each new gaming system.

This tidal wave of games translates to over 195 million titles sold since its creation, confirming the Mario franchise as the most popular video game in history.

So there is nothing surprising in Nintendo wanting to commemorate the 30th anniversary with a new game.

For the occasion, a new dedicated website has been put online, supermario.nintendo.com.

It gives the nostalgic or curious among us a trip back in time with Mario's greatest adventures.

AFP

metro SPORTS

Canada's men's basketball team's thrilling run ended with a 86-71 loss to Brazil in Saturday's gold-medal game

G'Day mate: Aussie wins Canadian Open title

GOLF

Hearn fails to end Canucks' drought of 61 years

Jason Day birdied his final three holes to overtake Canada's David Hearn and win the RBC Canadian Open.

Day shot a 4-under 68 Sunday to get to 17 under for the tournament. A birdie on the 18th hole sealed the victory.

"This must feel like what Tiger did for so many times, and it feels good," Day said. "I'm going to try to do as much as I can and keep it the same and try and win."

Bubba Watson was second at 16 under, while Hearn was third at 15 under.

"I gave it my all, I didn't quite have my best game," Hearn said.

Hearn was looking to be the first Canadian to win the event since Pat Fletcher in 1954.

"He was playing so good, he started off hot," Watson said of Hearn. "He putts unbelievable. There was so many putts that he hit that should've fell in. I don't know how they stayed out.

"For him and Canada that would've been a great story. That would've been his first win. How amazing would that have been?"

The Brantford, Ont., native went into Sunday with a two-shot lead over Watson, the world's third-ranked player, and Day, ranked ninth. Hearn's entrance to the first tee drew a roar from the crowd.

"It was a pretty special day with all of the fans and the support that I had from beginning to finish," Hearn said.

Despite missing with his tee shots, Hearn birdied the first two holes to go up by three. Bogeys on holes 3 and 7 put Hearn into some predictable trouble, given how well Watson and Day had been playing on the back nine.

Hearn missed birdie putts on 8 and 9 by centimetres, drawing loud "Aws" from the Canadian crowd.

Day was consistent on the back nine and turned his game up with birdies on 16, 17 and 18. Watson went on a roll to catch up as Hearn faltered.

Lamenting Day's incredible finish and long birdie putt on 18, Watson pointed out that caddie Ted Scott worked for Grant Waite when he lost to Tiger Woods at the 2000 Canadian Open on arguably the best shot of the legendary golfer's career.

"They finished second to a great play, and I finished second to a great play," Watson said.

THE CANADIAN PRESS

"I'm proud of the way I played and I'm really proud to be Canadian today. It was a pretty special day ... from start to finish. David Hearn

B.C. BOYS

Abby golfers finish strong

Abbotsford's Adam Hadwin shook off an opening round 2-over-par, 74, to finish tied for seventh at the RBC Canadian Open.

Hadwin fired a final round of 4-under 68, to finish five strokes behind champion Jason Day. With that result, Hadwin was projected to move up 11 spots in the FedEx Cup rankings, from 109th to 98th.

Nick Taylor, also from Abbotsford, finished the tournament at 5 under and tied for 56th.

CAM TUCKER/METRO

Jason Day celebrates after putting for birdie on the 18th green on Sunday at the RBC Canadian Open in Oakville, Ont. CLIFF HAWKINS/GETTY IMAGES

LIONS

Tedford doesn't regret gamble

In his fourth regular-season game as head coach of the B.C. Lions, Jeff Tedford opened the door for second-guessing with an unsuccessful third-down gamble in Friday's stunning loss to the Toronto Argonauts.

With the Lions facing a third-and-four situation at the Toronto 49-yard line in the third quarter, Tedford kept the offence on the field to go for the first down, however, Travis Lulay's pass attempt to Emmanuel Arceneaux went incomplete and B.C. turned the ball over on downs.

Five plays later, the Argos were celebrating a touchdown of their own. With the ensuing two-point convert, Toronto closed to within three points of the Lions before eventually completing the comeback, winning 30-27 at BC Place.

The decision from Tedford came with the Lions struggling to find any rhythm on offence after bursting out of the gates in the first 16 minutes of the game, opening up a 21-point lead on three consecutive Andrew Harris touchdowns.

"We were past midfield and needed a spark offensively. I wanted to show confidence in the offence and the defence that if it didn't work out, they would get the stop," said Tedford.

"I don't regret it. It's something that got confidence we're going to make a play and we're going to keep the drive alive. That's what we needed at that time. Unfortunately it didn't work." CAM TUCKER/METRO

The Whitecaps' Kendall Waston, left, vies for the ball with Victor Bernardez of the Earthquakes at BC Place Stadium on Sunday. JONATHAN HAYWARD/THE CANADIAN PRESS

MLS

Caps dominate Earthquakes

Cam Tucker
Metro | Vancouver

It was an afternoon of firsts for the Vancouver Whitecaps against the San Jose Earthquakes on Sunday.

Mauro Rosales, the veteran midfielder, got it started with his first-ever goal as a member of the Whitecaps, which came in his 26th regular season game for the Vancouver side, and continued with a Kendall Waston goal from a corner kick later in the opening half.

The Whitecaps entered the game without a goal on a corner kick, until the towering Waston jumped into the air and headed the ball to the back of the net in the 32nd minute of Sunday's match, giving Vancouver its first goal from the set piece this season.

The result was a clinical 3-1 victory over the visiting Earthquakes at BC Place Stadium. The Whitecaps now trail FC Dallas, first place in the MLS Western Conference, by just two points.

The win is Vancouver's first since June 27 and first win on home turf since May 30.

Octavio Rivero rounded out the scoring for Vancouver.

He polished off a penalty kick early in the second half, giving the Whitecaps a 3-0 lead. Despite some sloppy defending late in the match, which led to a San Jose goal, Vancouver easily escaped with the win and three points.

The Whitecaps will travel south to play rival Seattle Sounders FC on Saturday.

FAR AND AWAY

Starting in place of injured No. 1 pivot Ricky Ray, Trevor Harris has led the Argonauts to three wins in Western Canada to start the season while Rogers Centre has been occupied by the Pan Am Games.

Toronto plays its first game in Ontario next week with a visit to Hamilton to take on the Tiger-Cats before hosting the Saskatchewan Roughriders on Aug. 8.

THE CANADIAN PRESS

Mission accomplished

PAN AM 2015

Canada achieves goal of finishing 2nd in Games

From Day 1 of the Pan American Games, Curt Harnett says he knew Canadian athletes "were in it to win it."

By the final day, Canada's chef de mission and his team of 717 strong were basking in the most successful Pan Am performance in Canadian history.

"One podium performance quickly followed another, en route to our Top 2 place in the medals table," Harnett said Sunday at the Canadian team's closing news conference. "Like a parent, I could not be more proud, with each and every athlete on Team Canada. You delivered."

Canada set an ambitious goal of finishing second in the medal standings, and brought the team to do it. From swimmer Ryan Cochrane, to decathlete Damian Warner, to kayaker Adam van Koeverden, Canada fielded not only its largest ever team, but arguably strongest, for Toronto. It was a who's-who of athletes who will shine on sport's biggest stage at next summer's Rio Olympics.

Canada's women's kayak team of Michelle Russell, Emilie Fournel, KC Fraser and Hannah Vaughan kicked off the record run with gold in the K-4 500 on the morning of Day 1, in the first event of the Games.

And by the time the women's baseball team capped Canada's run to the podium with a silver medal, the host nation had amassed 217 medals, 78 gold, 69 silver, and 70 bronze.

Canada's 78th gold medal of the Pan Am Games was won in women's softball on Sunday in Ajax. FRED THORNHILL/THE CANADIAN PRESS

The mighty Americans will take home 265 — 103 gold, 81 silver and 81 bronze. Brazil finished a distant third with 141 medals.

Not everyone brought their top athletes to Toronto. The Americans fielded squads of mainly B-team athletes. Jamaica was missing its best sprinters, like superstar Usain Bolt.

Canada, meanwhile, topped its previous best of 197 medals when Winnipeg hosted the Games in 1999. Canada passed that mark with two days to go.

> **We know that the road to Rio for many of these athletes will bring great things.**
> Curt Harnett

Along the way, Canadian stars were born, such as Kia Nurse, the 19-year-old who led Canada's women's basketball team to its first ever gold medal. Nurse was chosen to carry Canada's flag in to the closing ceremonies.

There was sprint phenom Andre De Grasse, won both the 100 and 200 metres, shattering his own Canadian record in the 200. The 20-year-old would have captured a third gold had the 4x100-metre relay not been disqualified for a lane violation.

Ellie Black leapt and tumbled to five medals in artistic gymnastics, as Canada's most decorated athlete at the Games. Whitney McClintock in water-skiing, Jasmin Glaesser in cycling, and swimmer Santo Condorelli each won four medals apiece.

Canada's men's softball team kept a firm grasp on gold, winning No. 8 in a row. No other country has ever won the tournament.

"At this Pan Am Games, top 2, I told you it was an ambitious objective, the way we like them. We like ambitious," said Canadian Olympic Committee president Marcel Aubut. "I told you also that I had incredible faith in this great, great Canadian team."

THE CANADIAN PRESS

FINAL PAN AM MEDAL COUNTER 217 MEDALS WON BY CANADA 78 69 70

QUALIFIED

Canadian teams clinched berths in seven sports for next summer's Olympics in Rio de Janeiro, Brazil — women's three-metre springboard diving; duet synchronized swimming; the women's K1 in canoe/kayak slalom; equestrian team jumping; women's modern pentathlon; women's 10-metre air pistol and trap in shooting; and men's field hockey.

FINAL-DAY PODIUM FINISHES

Canadian women snag softball gold medal

Canada's women's softball team beat the United States 4-2 in eight innings, giving the host nation a gold-medal sweep at the Pan American Games.

Canada opened up a scoreless game with four runs in the top of the eighth.

Joey Lye's single scored a pair of runs and was followed by Jennifer Salling's sacrifice fly and Erika Polidori's RBI single.

The loss was the first of the tournament for the U.S., which had cruised through the tournament with a perfect 5-0 record, including two wins over Canada.

The Canadian men won gold earlier at the Games with a 2-1 win over Venezuela.

Larissa Franklin of the Canadian softball team
HARRY HOW/GETTY IMAGES

Canucks topped by U.S. in women's baseball final

Anna Kimbrell hit a bases-clearing double in the fifth inning to open up a close game and lead the United States to an 11-3 victory over Canada in the women's baseball final.

Kimbrell's double off Canadian reliever Jessica Berube came with two outs in the frame and restored a five-run lead for the U.S., one inning after Canada had clawed back to score three.

Nicole Luchanski of the Canadian women's baseball team
RICHARD LAUTENS/TORSTAR NEWS SERVICE

Jenna Flannigan, Kelsey Lalor and Amanda Asay had RBIs for Canada.

Schmitt powers Canada to volleyball bronze medal

Canada won the men's volleyball bronze medal with a 3-1 victory over Puerto Rico.

Captain Gavin Schmitt of Saskatoon led the Canadians with 25 points, converting 19 of 27 spike attempts and scoring four points with his booming serve.

Mexico silences Jamaica

GOLD CUP

El Tri save best for final, take continental championship

SUNDAY In Philadelphia

MEXICO	JAMAICA
3	1

Andres Guardado scored his fourth goal of the knockout rounds, not needing a penalty kick this time, and Mexico won its seventh CONCACAF Gold Cup title Sunday with a 3-1 victory over upstart Jamaica.

Jesus Corona and Oribe Peralta added goals as El Tri scored twice early in the second half to ensure this match wouldn't come down to any calls in the final minutes. It was a convincing performance for coach Miguel Herrera and his team after some shaky play and contentious moments in the previous two games.

Jamaica had made a rousing run to the final, stunning the U.S. in the semis to become the first Caribbean nation to reach the Gold Cup's championship match. And the Reggae Boyz looked as though they belonged in the opening minutes, keeping the pressure on Mexico with several promising scoring chances but never putting a shot on goal.

Jamaica hadn't trailed since early in the second half of its Gold Cup opener before a yellow card helped lead to Mexico's first goal. Darren Mattocks scored in the 80th minute to pull the Reggae Boyz within 3-1.

El Tri will face the U.S., the 2013 Gold Cup champ, on Oct. 9 for CONCACAF'S spot in the 2017 Confederations Cup in Russia.

The only way Mexico had been able to score in the knockout rounds before Sunday had been on penalty kicks, all three by Guardado. And two of those came on late, questionable calls.

Against Costa Rica in the quarter-finals, a scoreless game was moments from going to a shootout when Guardado converted his penalty in the final minute of extra time. Mexico had been the better team that day, but that wasn't the case in the semifinals. Down to 10 men, Panama was on the verge of victory when a disputed hand ball set up a penalty for Guardado in second-half stoppage time, and he scored on another for the winner in extra time.

Mexico had gone 272 minutes since one of its players scored on anything other than a penalty when Guardado put El Tri ahead for good Sunday. Jonathan dos Santos found Paul Aguilar out wide on a free kick, and Aguilar crossed it to Guardado, whose left-footed volley made it 1-0 in the 31st minute. It was his sixth goal of the tournament, one behind Clint Dempsey of the U.S.

THE ASSOCIATED PRESS

Mexico's Giovani Dos Santos, left, and Paul Aguilar, centre, celebrate in front of Jamaica's Joel McAnuff after wining the Gold Cup on Sunday in Philadelphia. MATT ROURKE/THE ASSOCIATED PRESS

IN BRIEF

Villa's NYCFC overcomes Larin's hat trick for Orlando

David Villa scored two goals to help New York City FC overcome a hat trick by Brampton native Cyle Larin and beat Orlando City 5-3 on Sunday.

Villa's second goal broke a 2-2 tie in the 67th minute, Thomas MacNamara added another in the 71st and NYCFC led the rest of the way. Larin's final goal pulled Orlando City to 4-3 in the 85th, but Mix Diskerud restored the two-goal advantage. THE ASSOCIATED PRESS

Froome cruises to Tour title

Resplendent in yellow and riding a canary yellow bike, Chris Froome won his second Tour de France in three years on Sunday, with a leisurely pedal into Paris to wrap up a spectacular three-week slog of furious racing that culminated with a thrilling late fight-back by the British rider's toughest rival, Colombian Nairo Quintana. THE ASSOCIATED PRESS

Ticats pounce on Riders

Backup quarterback Jeff Mathews' one-yard touchdown plunge midway through the fourth quarter put Hamilton ahead for good as the Tiger-Cats handed the Saskatchewan Roughriders a 31-21 loss on Sunday at Mosaic Stadium.

The loss kept the Riders (0-5) winless to start the 2015 CFL season. The Tiger-Cats improved to 2-2. THE CANADIAN PRESS

Service Directory

To advertise call 604.602.1002

EMPLOYMENT

skilled immigrant infocentre

Employment information for career decisions

A free service for immigrants to British Columbia

Vancouver Public Library Central Library, Level 4
350 West Georgia Street
Phone: 604-331-3603 Web: skilledimmigrants.vpl.ca

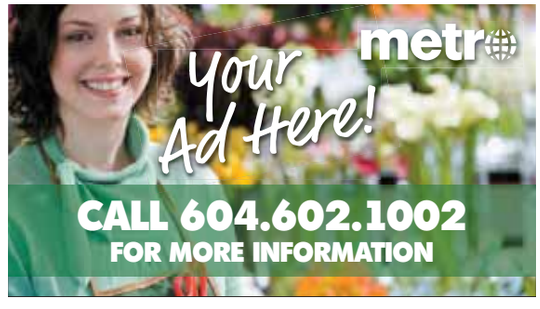
Vancouver Public Library | Funded by: Citizenship and Immigration Canada | Financé par : Citoyenneté et Immigration Canada | British Columbia | WelcomeBC

RGIS
An Equal Opportunity Employer

Inventory Counters Wanted

Opportunities we offer:
- Flexible schedules
- No experience necessary
- Paid training
- Higher wages for high performers
- Hourly career path program

Join the Team That Counts. Apply Online WWW.RGIS.COM
Our recruiters will contact you to book an interview.



FINANCIAL

EVER FOREX

BEST EXCHANGE RATES GUARANTEED!

- Money Exchange
- Worldwide Money Transfer
- 24*7 Online Trading

Live Rates: everforex.ca • Toll Free: 1 800 699 4816
LOCATIONS IN VANCOUVER, RICHMOND, BURNABY, SURREY, MARKHAM, TORONTO & WORLDWIDE

RETAIL

HOMETOWN DEALS.CA

SIGN UP TODAY!
Some of the best deals • Money back each time you buy • Win deals through our contests • Refer-a-Friend and get paid • Better for local small businesses
Call toll free: 1-855-895-0911
Register online today:
info@hometowndeals.ca

facebook.com/myHometownDeals @hometowndeal hometowndeals.ca

RECIPE Watermelon Pizza

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Great presentation for a dessert or appetizer. If the balsamic vinaigrette gets too thick, add more maple syrup and heat gently. Be sure to pour the vinaigrette over the melon just before serving.

Makes 8 wedges.

Ready in
Prep time: 10 minutes

Ingredients
- 2 horizontal slice round slices of watermelon (1-inch thick)
- 1 1/2 oz crumbled feta cheese
- 3 Tbsp chopped mint or basil
- Balsamic Vinaigrette
- 1/3 cup balsamic vinegar
- 1 Tbsp maple syrup

Directions
1. Place watermelon rounds on large serving plate. Sprinkle with feta and mint.

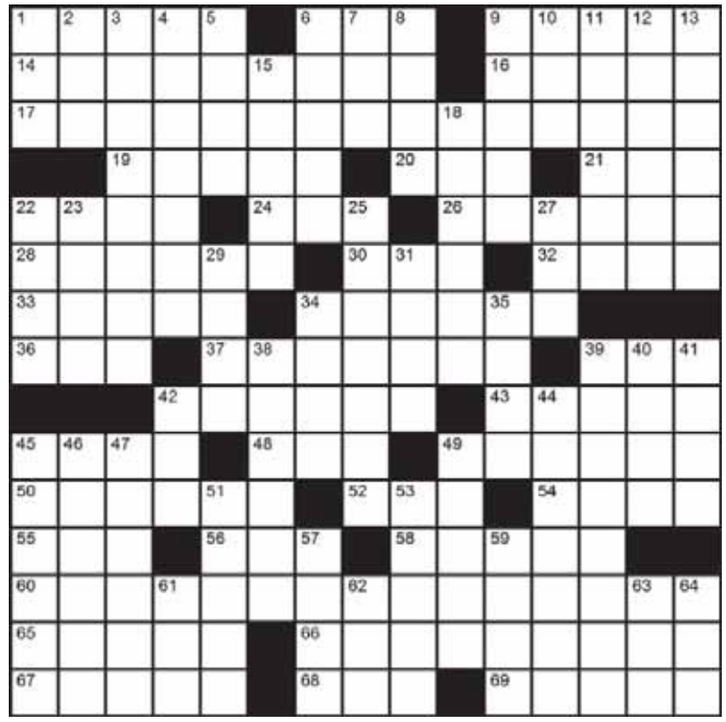
2. In a small skillet, add vinegar and maple syrup and cook on a high heat for one to two minutes until entire surface is bubbly. Drizzle over melon. Cut into wedges.

Nutrition per serving
- Calories 30
- Protein 1 g
- Carbohydrates 3 g
- Fibre 0 g
- Total fat 1 g
- Saturated fat 1 g
- Cholesterol 3 mg
- Sodium 60 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. "_ Work It Out" by The Beatles: 2 wds.
6. Fella
9. _ Trinket, Elizabeth Banks' role in 'Hunger Games' movies
14. Favourable
16. Holds on property
17. Nova Scotia: Aqua occupation for a Dalhousie University graduate, perhaps: 2 wds.
19. Of the nose
20. Piquancy
21. Fifth music note, variantly
22. Poetic foot
24. Las Vegas state, for short
26. In fine _ (Healthy/fit)
28. Gets burned in the kitchen
30. Hard water
32. Observer
33. Thing that measures, say
34. Ukulele wood
36. Keats specialty
37. Bid-placing event
39. 'Motor' suffix
42. Constricting snake
43. Bus station
45. Slightly unshut
48. "The Star-Spangled Banner" contraction
49. Cheerleader's prop
50. Handwasher's peeve: 2 wds.
52. Not nay
54. _ Skye, singer Donovan's actress daughter
55. Caesar's 551
56. The Company org.
58. Fanatic sects
60. Interest for a Parliament Hill journalist: 2 wds.
65. Quaintly bless with oil
66. Driving length (Based-in-Winnipeg international financial services holding company)
22. It _ _ hot in here = Turn on the air conditioner
23. _-tongued
25. Triumph
27. Salada product
29. Sturdy horse cart
31. Abel's brother
34. Tooth complaint
35. Language family, _-European
38. Perfect place
39. Face-to-face
40. Diving bird
41. Betty Grable movie, "When My Baby Smiles _ _" (1948)
42. What the amateur turned
44. Sender of signals, say
45. Near _ _ (Spread out)
46. Dolly Parton song title lady
47. Lines spoken directly to theatre audiences
49. Brazil's Sao _
51. Like the cottage-owner's expansive lands
53. School, in Sherbrooke
57. _-Seltzer
59. Droopy
61. "Shine a Little Love" gr.
62. Photos, fun-style
63. Debit opps.
64. The Outsiders author Ms. Hinton's

DOWN
1. Typing stat.
2. Cenozoic, for one
3. Ears! Husks! Kernels! in Canada
67. Lay grassy rolls again
68. Timber! tool
69. De-crease

Edmonton _ _ (Agri-attraction in Spruce Grove, Alberta with the slogan 'Get Lost')
4. Good-humoured
5. Writer Anais'
6. Religious book
7. Single
8. Weed _ _ (Gardening brand)
9. Get hitched in Vegas
10. _ Newtons
11. Spunky
12. Footwear accessory
13. Swimmer/actress Ms. Williams
15. Mr. Penn's
18. Great-West _ Inc.

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
There are so many offers to choose from and they all sound so good you may find it hard to decide. Once you have made your selection, stick with it. The less you flip flop the more you will get done.

Taurus April 21 - May 21
Good fortune is heading your way and family and finances are especially well-starred. Everyone will marvel at your ability to get things done with the least amount of effort.

Gemini May 22 - June 21
You must watch what you say. Not everyone is as good at taking criticism as you are at dishing it out, and if you upset the wrong person you could make an enemy.

Cancer June 22 - July 23
You are the type who demands perfection of yourself, but the current cosmic set-up is urging you to be less driven and to see that you don't have to be the best at everything.

Leo July 24 - Aug. 23
Now is the time to give form to a dream you've had in the back of your mind for many years. It might seem outrageous to some but the planets indicate it will come true.

Virgo Aug. 24 - Sept. 23
You need to get serious about your long-term ambitions. Some kind of breakthrough is imminent, but don't just sit there waiting for it to happen — get out into the world and make it happen.

Libra Sept. 24 - Oct. 23
If there's something you've wanted to do for years but have never got around to, now is the time to get your act together and show the world you mean business.

Scorpio Oct. 24 - Nov. 22
If you trust your instincts and follow your hunches you can achieve great things over the next few days. Creative activities are especially well-starred.

Sagittarius Nov. 23 - Dec. 21
Recent weeks may not have been easy but what happens this week will convince you that a corner has been turned. If you trust fate to guide you it won't be long before you find true happiness.

Capricorn Dec. 22 - Jan. 20
This is no time for regret or remorse. You cannot change what's already happened, you can only learn from it and do a better job next time. Always look forward, never back.

Aquarius Jan. 21 - Feb. 19
What goes right today will be wonderful and what goes wrong won't hurt you in the slightest. You will know instinctively if a gamble is worth taking — and most will be.

Pisces
Feb. 20 - March 20
Decide what you want to do, then do it. Yes, some people will kick up a fuss but what can they actually do to stop you? It's your life and it's up to you what you do with it.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

1	5			6		8		
4		9	2		8		7	
	8			4		1		2
	7		4				5	
8		5				2		3
	6				1		9	
3		8		7			2	
	9		8		2	4		1
		4		5			8	7

©2015 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

TODAY'S HOROSCOPE:
Neptune is suggesting that now may be the perfect time to get the Metro News App

Download the Metro News App today at metronews.ca/mobile
metro

LAST CHANCE FOR OUR 2015 CIVICS

The Honda 2015 MODEL CLEAROUT

17 CIVIC | Canada's best-selling car 17 years in a row.

Model shown: Civic EX FB2E5FJX

2015 CIVIC DX

LEASE FROM $39*

0.99% APR# **$0 down‡**

Weekly on a 60 month term with 260 payments.
MSRP $17,245** includes freight and PDI.

Standard features include:

- ECON mode button and Eco-Assist™ system
- Drive-by-Wire Throttle System™
- Vehicle Stability Assist (VSA®) with Traction Control
- Advanced Compatibility Engineering™ next generation body structure
- Driver's seat with 6-way manual adjustment

FOR ONLY $13 MORE, step up to a CIVIC LX

Adds to or replaces DX features:

- Air conditioning
- HandsFreeLink™ Bilingual Bluetooth® Wireless Mobile Phone Interface
- Multi-angle rearview camera
- Intelligent Multi-information display (i-MID) with TFT display
- Heated front seats

LEASE FROM $52*

MSRP $20,045** includes freight and PDI.

FOR ONLY ANOTHER $6 MORE, step up to a CIVIC EX

Adds to or replaces LX features:

- 16" alloy wheels
- 7" Display Audio System with HondaLink™ Next Generation
- Power moonroof with tilt feature
- Proximity key entry system and pushbutton start
- Honda LaneWatch™ blind spot display

LEASE FROM $58*

MSRP $22,445** includes freight and PDI.

PLUS, FOR A LIMITED TIME, GET A **$1,000£** LEASE BONUS ON ANY CIVIC

Honda CELEBRATION OF LIGHT
JULY 25, 29, AUG 1

HONDA

bchonda.com

£$1,000 Lease Dollars available on lease transactions from Honda Finance Services ("HFS"), on approved credit only, on all 2015 Civic models. All bonuses are deducted from the negotiated selling price after taxes. *Limited time weekly lease offer and all other offers are from Honda Canada Finance Inc., on approved credit. #The weekly lease offer applies to a new 2015 Civic DX model FB2E2FEX/Civic LX model FB2E4FEX/Civic EX model FB2E5FJX for a 60-month period, for a total of 260 payments of $38.94/$51.69/$58.33 leased at 0.99% APR based on applying $1,100/$0/$0 "lease dollars" (which are deducted from the negotiated selling price before taxes). ‡In order to achieve $0 down payment, dealer will cover the cost of tire/battery tax, air conditioning tax (where applicable), environmental fees and levies on the 2015 Civic DX only on customer's behalf. Down payment of $0.00, first weekly payment and $0 security deposit due at lease inception. Total lease obligation is $10,124.40/$13,439.40/$15,165.80. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometres. **MSRP is $17,245/$20,045/$22,445 including freight and PDI of $1,495. License, insurance, registration and taxes are extra and may be required at the time of purchase. */#/**Prices and/or payments shown do not include a PPSA lien registration fee of $30.31 and lien registering agent's fee of $5.25, which are both due at time of delivery and covered by the dealer on behalf of the customer. Offers valid from July 1st through 31st, 2015 at participating Honda retailers. Dealer may sell/lease for less. Dealer trade may be necessary on certain vehicles. Offers valid only for British Columbia residents at BC Honda Dealers locations. Offers subject to change or cancellation without notice. Terms and conditions apply. Visit www.bchonda.com or see your Honda retailer for full details.